
MENTAL TREATMENT REGULATIONS

Regulations deemed to have been made under s. 84

**Subsidiary
1934.12.18**

MENTAL TREATMENT REGULATIONS

(1934.12.18)

18.12.1934

*with which are incorporated the Mental Treatment (Scale of Dietary)
Regulations of 3.8.1929*

| Amending enactments | Relevant current provisions | Commencement date |
|--------------------------------|--------------------------------|----------------------|
| Rules of 9.10.1952 1988/003 | r. 2(1). | 1.2.1988 |

ARRANGEMENT OF REGULATIONS.

Regulation

1. Title.
2. Diet.
3. Visits.
4. Ministers of religion.
5. Presents from visitors.
6. Forms.
7. Fees.

**SCHEDULE 1.
DIET**

1968-24

Mental Health

MENTAL TREATMENT REGULATIONS

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Title.

1. These rules may be cited as the Mental Treatment Regulations.

Diet.

2.(1) The scale of dietary for patients in hospitals shall be that set out in the Schedule subject to such extras or alterations as the Superintendent may order in any special case.

(2) The medical officer in charge of the hospital may order, in addition to or in place of the prescribed dietary, such other diet as he shall think proper in particular cases and he shall keep a record of the names of those for whom extra allowance of food or stimulants is ordered, with particulars of the nature and amount of these.

Visits.

3.(1) Subject to the right of the Superintendent to refuse permission in any particular case, persons may be permitted to visit patients in a hospital at the following times:—

Wednesdays and Saturdays between 3 and 4 p.m.

(2) In case of serious illness of a patient, a person may visit at any time permitted by the Superintendent.

(3) Upon every visit made to a female patient, the Superintendent or a female attendant shall remain present throughout the interview and upon every visit made to a male patient, the Superintendent or an attendant shall remain with them during such visit, but not necessarily within earshot, careful observation however being kept to prevent anything being handed clandestinely to a patient.

Ministers of religion.

4. When any patient expresses a wish to see a minister of religion, the wish is to be made known, without delay, to the Superintendent who shall make arrangements for the visit as soon as possible.

Presents from visitors.

5. No visitor shall give to a patient any money, food, drink or any other article whatsoever except with the permission of the Superintendent.

6. *Revoked.*

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 7. *Revoked.*

SCHEDULE.**FULL DIET.**

BREAKFAST—every day :—

Bread —males 8 ozs.
—females 6 ozs.
Butter $\frac{1}{2}$ oz.
Coffee 1 pint.

DINNER—Every day except Wednesdays and Fridays:—

Beef without bone —males $4\frac{1}{2}$ ozs.
—females $3\frac{1}{2}$ ozs.
Macaroni, barley, or rice 2 ozs.
Vegetables 8 ozs.
Salt $\frac{1}{2}$ oz.
Pepper $\frac{1}{6}$ th dr.
Potatoes 8 ozs.
Bread 2 ozs.

WEDNESDAYS.

Mutton without bone —males 3 ozs.
—females $2\frac{1}{2}$ ozs.
Rice 2 ozs.
Vegetables 8 ozs.
Salt $\frac{1}{2}$ oz.
Pepper $\frac{1}{6}$ th dr.
Potatoes 8 ozs.
Bread 2 ozs.

FRIDAYS.

Fresh fish —males 14 ozs.
—females 10 ozs.
Potatoes 8 ozs.
Flour $\frac{1}{2}$ oz.
(Or $\frac{1}{2}$ lemon)
Vegetables 8 ozs.
Macaroni 2 ozs.
Cheese $\frac{1}{4}$ oz.
Olive oil $\frac{1}{24}$ pint.

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Garlic one head to every 25 patients.

Salt $\frac{1}{2}$ oz.

Pepper $\frac{1}{6}$ dr.

Bread 2 ozs.

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EVERY DAY.

Fruit $\frac{1}{4}$ lb. (for the afternoon).

SUNDAYS AND WEDNESDAYS.

| | | |
|-------------------------|---|-----------------|
| Rice 2 ozs. | } | |
| Sugar 1 oz. | } | to make pudding |
| Milk $\frac{1}{4}$ pint | } | |

To make a pudding.

TEA—every day :—

Tea 1 pint.

Bread —males 6 ozs.

—females 4 ozs.

Butter $\frac{1}{2}$ oz.

SUPPER—every day:—

Cocoa 1 pint.

Bread 2 ozs.

Tea, coffee and cocoa shall be made on the following scale, per each 25 patients:—

{Tea $6\frac{1}{4}$ ozs, or Coffee $12\frac{1}{2}$ ozs.}

Sugar 16 ozs.

Milk 2 pints.

Cocoa 16 ozs.

Sugar 24 ozs.

Milk 2 pints.