

Subsidiary Legislation made under rr. 2 and 3(5) of the Medicines (Prescription Only) Regulations 1987.

NOTICE OF NURSE PRACTITIONER MEDICINAL PRODUCTS

Revoked by LN. 2013/192 as from 19.12.2013

(LN. 2012/085)

Commencement **14.6.2012**

Amending enactments	Relevant current provisions	Commencement date
LN. 2012/109		19.7.2012

In accordance with regulations 2 and 3(5) of the Medicines (Prescription Only) Regulations 1987 the Chairman of the Gibraltar Health Authority has made the following notice—

The following products are approved as “nurse practitioner medicinal products”–

RESPIRATORY SYSTEM BRONCHODILATORS

(SABA) Salbutamol	(Ventolin)	100-200 micrograms
Terbutaline	(Bricanyl)	500 mgs
(LABA) Salmeterol	(Serevent)	50-100 mgs
Formoterol	(Oxis)	6-12 mcg

ANTIMUSCARINIC BRONCHODILATORS

(SAMA) Ipratroprium	(Atrovent)	20 mcg
(LAMA) Tiotropium	(Spiriva)	18 mcg capsule
	(Respimat)	5 mcg

CORTICOSTEROIDS

Beclometasone	(Clenil Modulite Qvar)	50-200 mcgs
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Budesonide	(Pulmicort)	100-200 mcg
Fluticasone	(Flixotide)	50 - 250 mcg

COMPOUND PREPARATIONS

Beclometasone/formoterol	(Fostair)	100 mcg
Budesonide/formoterol	(Symbicort)	100/6 200/6 400/12
Fluticasone/salmeterol	(Seretide)	100-500 mcg

LEUKOTRIENE RECEPTOR ANTAGONISTS

Montelukast	(Singulair)	4-10 mgs
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MUCOLYTICS

Mecysteine hydrochloride		200 mgs (Visclair)
Carbocisteine		2.25 g (Mucodyne)

THEOPHYLLINE

Theophylline (Uniphyllin)	200-400 mg	
	(Slo-phyllin)	250-500 mg
Aminophylline	(Phyllocontin)	225 mgs

PEAK FLOW METERS - standard and low range

SPACERS - Volumatic Aerochamber

Fexofenadine	(Telfast)	30-120 mgs
Cetirizine		5-10 mgs
Loratidine		5-10 mgs
Chloramphenamine	(Piriton)	1-4mgs
Prednisolone		1-5 mgs tablets
Pholcodine		5 mgs/5ml 10mgs/5ml
Simple linctus		2.5% 5ml 10ml

INFECTIONS TREATMENT:

Amoxicillin		250mg 500mg
Amoxicillin		125mg/5ml 250mg/5ml
Doxycycline		100mg
Oxytetracycline		250-500mg
Co-amoxiclav	(Augmentin)	250/125mg 500/125mg
Tetracycline		250mg 500mg
Clarithromycin		250mg 500mg
		125mg/5ml 250mg/5ml
		250mg sachet
Phenxymethylpenicillin		
(Penicillin V)		250mg 125mg/5ml
		250mg/5ml
Erythromycin		250mg 500mg
		125mg/5ml 250mg/5ml

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Azithromycin	250 mg 500mg
Nitrofurantoin	50mg 100mg
Trimethoprim	100mg 200mg
Cefalexin	125mg 250mg 500mg
Flucloxacillin	62.5- 125 mg 250g 500mg
Metronidazole	200mg 400mg
Nystatin	100000 units/ml

WOMEN'S HEALTH

Tranexamic Acid	500mg
Mefenamic Acid	250mg 500mg
Metronidazole (Zidoval)	0.75% gel
Replens MD	
Vagifem	10mcg 25 mcg
Fluconazole	150mg
Clotrimazole (Canesten) pessaries	200mg 500mg
Norethisterone	5mg

WOMEN'S HEALTH-CONTRACEPTION

Levonorgestrel(Levonelle)	1.5mg
Ella one	
Microgynon	
Cilest	
Logynon	
Loestrin	
Yasmin	
Cerazette	
Mirena coil	
Depo provera	

GASTROINTESTINAL SYSTEM

Magnesium trisilicate	10ml suspension
Gaviscon sodium alginate	500mg
Ranitidine	150mg
Omeprazole	10mg 20mg
Movicol /Movicol paediatric	
Ispaghula husk (E.g. Fybogel Isogel)	
Senna	7.5mg
Lactulose	3.1-3.7g/5ml
Anusol ointment/ suppositories	

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Proctosedyl ointment/
 suppositories
 Glycerol suppositories

**EAR NOSE AND
 THROAT TREATMENT**

Betnesol ear eye drops	0.1%
Sofradex ear drops	
/Optimize spray	
Otosporin ear drops	
EarCalm spray	2%
Beclometasone nasal spray	50ug
Flixonase nasal spray	
Cerumol ear drops	
Olive oil ear drops	

EYE DISEASE TREATMENT

Chloramphenicol eye drops	0.5% ointment 1%
Sodium cromoglicate eye drops	2% (Opticrom)
Hypromellose 0.3% eye drops	

**NUTRITION AND
 BLOOD**

Ferrous sulphate	200mg
Vitamin B compound strong	
Musculoskeletal Disease Treatment:	
Ibuprofen	200mg 400mg 600mg
Ibuprofen topical	5% 10% 30g 100g
Diclofenac (Voltarol)	25 mg 50mg 75mg MR

SKIN DISEASE TREATMENT:

Emulsifying ointment:
 Oilatum Oilatum plus E45
 Aveeno
 Epaderm Doublebase gel
 Doublebase shower gel
 Balneum plus

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Dermol Epaderm Calcitriol (Silkis)	
Hydrocortisone	0.5% 1%
Mometasone	0.1% (Elocon)
Clobetasone Butyrate	0.05% (Eumovate)
Betamethasone Valerate	0.25% 0.1%
Clotrimazole/hydrocortisone Cream (Canesten HC)	
Clotrimazole Cream (Canesten)	
Terbinafine Cream (Lamisil 1%)	
Phytex Paint	
Fucidin Ointment/cream	2%
Aciclovir tablets	200mg 400mg
Polytar AF shampoo/ T/gel shampoo	
Aciclovir Cream (Zovirax)	5%
Tretinoin Isotretinoin - Topical only	
Dalactin T	
Duac	
Mebendazole	100mg 100mg/5ml (Ovex Vermox)
Piperazine – Pripsen	
Permethrin topical	5% (Lyclear)
Dimeticone 4% lotion (Hedrin)/Full marks Solution/malathion 0.5%	

NICOTINE DEPENDENCE THERAPY

Varenicline 500 ug (Champix)

NERVOUS SYSTEM

Prochlorperazine 5mg buccal tablets; 3mg (Stemetil)
Aspirin 75mg; 300mg EC and Dispersible
Paracetamol 500mg paediatric solution 120mg/5ml 250mg/5ml
Co-codamol 8/500 30/500
Codeine phosphate 30mg

DIABETES:

Metformin tablets (Glucophage)
Metformin Modified Release tablet Glucophage SR)
Glibenclamide
Gliclazide Modified Release (Diamicron MR)
Glimipiride (Amaryl)

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Glipizide (Minodiab)
Tolbutamide
Pioglitazone (Actos)

STATINS

Simvastatin 10 mg 20 40 mg (monitor liver function test)

HYPERTENSION

Bendroflumethiazide 2.5 5mg titrate according to response monitor kidney function

Ramipril 1.25 2.55 10mg titrate according to response

DIABETES TREATMENT

Biguanides

Metformin tablets (Glucophage)

Metformin Modified Release tablets (Glucophage SR)

Sulfonylureas

Glibenclamide

Gliclazide Modified Release (Diamicron MR)

Glimipiride (Amaryl)

Glipizide (Minodiab)

Tolbutamide

Thiazlodinedione

Pioglitazone (Actos)

Pioglitazone and metformin combined (Competact)

DPP4 Inhibitors

Saxagliptin (Onglyza)

Sitagliptin (Januvia)

Sitagliptin and metformin combined (Janumet)

Vildagliptin (Galvus)

Vildagliptin and metformin combined (Eucreas)

OTHER ORAL MEDICATIONS

Acarbose (Glucobay)

Nateglinide (Starlix)

GLP-1 Inhibitors (injectable therapy)

Exenatide (Byetta)

Exenatide modified release (Bydureon)

Liraglutide (Victoza)

INSULINS

Hypurin

Actrapid

Humulin S

Insuman Rapid

Novorapid

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Insulin Glulisine (Apidra)
Insulin Lispro (Humalog)
Insulin Detemir (Levemir)
Insulin Glargine (Lantus)
Isophane Insulin (Unsulatard Humulin I Insuman Basal)
Biphasic Insulin Aspart (Novomix 30)
Biphasic Insulin Lispro (Humalog Mix 30)
Biphasic Isophane Insulin (Humulin M3; Insuman Comb 15; Insuman Comb 25; Insuman Comb 50)

CONSUMABLES

Needles (Eg Novofine)
Finger pricking devices (Eg Unistix Accu-chek multiclix)
Test strips (Eg Accu-chek aviva)
Insulin Pen devices (as above)
Clinistix
Ketostix
Hypoglycaemia Treatments
Glucogel
Glucagon kit
Diazoxide

Conditions—

All prescribing must be within the doses timings and advice of the BNF Guidelines as published from time by BNF Management and the current version of the BNF is deemed the version in operation.

Those nurse practitioners permitted to prescribe are those who are registered as prescribing Nurse Practitioners by the Nursing and Midwifery Council UK.

The above list is in addition to the power to prescribe repeat prescriptions in accordance with regulation 3(5)(b) of the Medicines (Prescription Only) Regulations 1987. In such cases dosages of those medications may be adjusted within the BNF Guidelines mentioned above.

Pharmacy reimbursement through the GPMS for any prescribing by Nurse Practitioners is the same as for prescribing by Gibraltar Registered Medical Practitioner practicing within the GHA.